

## Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<b>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></b>			
<b>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</b>  Includes enjoyable, developmentally appropriate, culturally relevant, participatory activities such as taste testing, visits to a local greenhouse, and gardens.	Yes this goal was met.	The youth at the shelter spent time on a farm picking fresh produce last season. They also plan meals to work on culturally inclusive foods.	See Attachment added to Google Drive called Dinner Meal Planning.  Each week the youth are asked to pick a meal that they would like to learn and make for the rest of the group.  This encourages youth to be culturally sensitive and open as well as work on life skills goals.
<b>2. Physical Activity Goal(s)- record goal</b>  60 minutes per day are set aside for physical activity	Yes this goal was met	The Panhandle Youth Shelter has a membership to the local YMCA so we have a heated space during the winter, and during the warmer months, we do a variety of activities outside.	See Attachment added to Google Drive called Daily School Year Schedule
<b>3. Other student wellness Goal(s) - record goal, this is often</b>	Yes this goal was met.	There have been multiple trainings hosted at the Panhandle Youth Shelter. There are many educational trainings offered in the valley that	<a href="#">Overview : Training Academy : What We Do : Panhandle Partnership</a>  See attachment of Invoice

**Commented [1]:** Instead of this general link, can you provide a calendar showing which trainings were hosted at the shelter? Or if you paid for any employees to go to trainings you could provide a copy of the invoice.

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<p><i>where goals to support SEL and Mental health or staff wellness could be included</i></p> <p>Professional development is offered to all staff for a variety of different educational paths.</p>		<p>staff are encouraged to attend.</p>	<p>The above link is where we find a majority of the training opportunities in the Panhandle of Nebraska.</p>
<p><b>Additional Goal(s)</b> <b>Add more rows as needed</b></p>			

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