

AUDIENCE: Nursing, RD,
PA-C, MD

LOCATION: Gering Civic Center
1050 M Street
Gering, NE 69341
(The Civic Center is located in
downtown Gering.)

The facility temperatures may be variable; please bring a jacket or sweater. The building is handicapped accessible.

Thursday evening Community Workshop (4/15/10) is open to any interested person. Cost is \$5.00 per person, payable at the door.
No pre-registration required.

OBJECTIVES:

At the end of this conference, participant will be able to:

1. Discuss strategies for improving adherence for individuals with diabetes.
2. Identify the relationship of food nutrients on blood glucose.
3. Describe successful meal planning goals and guidelines for diabetes management.
4. Define acute Charcot foot syndrome.
5. Differentiate between Type 1 and Type 2 Diabetes.
6. Differentiate between five methods of debridement.

Diabetes Prevention & Control Program
Nebraska Health & Human Services
301 Centennial Mall South
PO Box 95026
Lincoln NE 68509-5026
25-47-00

2010 Diabetes Update

Friday, April 16
Gering Civic Center
Gering, Nebraska

Co-Providers

- ⇒ **Regional West Physicians Clinic**
- ⇒ **Nebraska DHHS Diabetes Prevention & Control Program**
- ⇒ **Community Action Partnership of Western Nebraska**
- ⇒ **Regional West Medical Center**

Biographies

Peter Gottlieb, MD

Professor at the Barbara Davis Center for Childhood Diabetes in Aurora, Colorado.

Joan Junkin, MSN, APRN-CNS, CWOCN

Mrs. Junkin holds an MSN in Adult Health and Illness Nursing and is Board Certified in Wound, Ostomy and Continence Nursing. She has spent the last 16 years as a specialist in wound care.

Blake Lancaster, Ph.D. Licensed Psychologist, Assistant Professor Munroe-Meyer Institute Omaha, Nebraska.

Nessie Ferguson, MS, RD, LMNT, CDE

Registered Dietitian and Licensed Medical Nutrition Therapist at the Nebraska Medical Center - Diabetes Center.

Thursday Evening, April 15

(Community Workshop)

5:30 - 6:00 pm Exhibits/Registration

6:00 - 7:00 pm Peter Gottlieb, MD

7:00 - 7:15 pm Break

7:15 - 8:15 pm Nessie Ferguson, RD

This activity has been planned and implemented in accordance with ACCME® Essential Areas and Elements and Nebraska Medical Association (NMA) policies through the joint sponsorship of RWMC. RWMC is accredited by the NMA to provide continuing medical education for physicians.

RWMC designates this education activity for a maximum of 6.5 AMA PRA Category I Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity."



Agenda

Friday, April 16, 2010

7:30 - 7:55 Registration/Exhibits

7:55 - 8:00 Welcome/Announcements

8:00 - 9:30 Peter Gottlieb

"Prevention and Treatment of Type 1 Diabetes"

9:30 - 10:00 Break/Exhibits

10:00 - 11:30 Joan Junkin

"An Ounce of Prevention-Neuropathic Ulcers"

11:30 - 12:30 Lunch/Exhibits

12:30 - 1:30 Joan Junkin

"A Pound of Cure - Treatment of Neuropathic Ulcers"

1:30 - 2:30 Blake Lancaster

"Improving Adherence Levels for Individuals with Diabetes"

2:30 - 2:45 Break

2:45 - 4:15 Nessie Ferguson

"A Guide to Healthy Eating in the Management of Diabetes"

4:15 Wrap-up & Evaluations

CEUs: Nursing 6.5; RD, LMNT 6.5. Full attendance required for contact hours. Hours will not be issued for partial attendance.

Nursing: Regional West Medical Center is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registration Information

(Professional Conference - April 16, 2010)

Postmarked by March 26 \$60.00

Postmarked after March 26 \$70.00

Student Registration \$20.00

Conference cancellations made after March 26 will not be refunded.

Registration Form (*Please Print*)

Name: _____

Address: _____

City: _____

State/Zip: _____

Employer: _____

Business Phone: _____

Home Phone: _____

Payment:

By check: Make payable to and mail to:

Community Action Partnership of Western Nebraska/

Diabetes Update 2010

3350 10th Street

Gering, NE 69341

By credit card: Registration may be faxed with credit card number to 308-633-2650, attention Amanda.

Registration form may be downloaded from the CAPWN website at:
www.capwn.org

For more information contact:

Phyllis Smith, 308-633-3247

Sue Maxcy, 308-220-4303